

Health and Wellbeing Board

13 April 2022

“Better Lives for Carers in Sandwell”

Carers Strategy





Feedback from Last Health and Wellbeing Board Meeting

Strengthened Voice of Carers

i care **Statements**

“I feel annoyed and angry when people treat me like a little kid when it comes to my brother’s medical condition, because I’ve helped look after him since day one when he was diagnosed. I know what his triggers are, and methods to help calm him down, which non-family members don’t know about. What I need is for people to give me the same respect as adult carers receive, and to understand that schoolwork isn’t always my highest priority.”



Feedback from Last Health and Wellbeing Board Meeting

Included Feedback from Healthwatch Sandwell Survey



“After 6 months I can’t do it anymore...it was okay in the short term, I coped but I’m struggling now.... however, much you love someone 24/7 is hard....it is leaving us mentally and physically exhausted.”

Next Steps – The Final Push

1

Opportunity for Carers and Organisations Supporting Carers to Comment on the Final Draft Document

2

To seek comment and Endorsement from Strategic Partners .

3

Health and Wellbeing Board to endorse Final Strategy Document in June



Carers Week – 6 to 12 June

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

Will be using Carers Week to encourage last contributions from Carers and to raise awareness of the HWBB endorsement and the Strategy's publication at the end of June